



# **POINT LOMA YACHT CLUB**

## **SAILING INSTRUCTIONS** ***Fleet Captain's Race, The Big Boat Race, and*** ***Jimmy Rogers Memorial Race***

### **1. RACING RULES**

This event will be governed by the following rules. In the event of a conflict, each listed reference shall take precedence over those appearing above it:

1.1 USCG "Navigation Rules", International-Inland 050-012-00192-B.

1.2 Racing Rules of Sailing 2005-2008 (RRS), including the prescriptions of US sailing.

1.3 Bylaws and Class Rules of PHRF So. California and PHRF San Diego. This is a Category IV PFIIRF type event.

1.4 No credits are given for undersized (less than 155%) headsails and/or fixed blade propellers.

1.5 Yachts shall carry all "Standard equipment" as listed in the PHRF Rules for Category IV events.

1.6 Class pennants, as listed, must be flown from the backstay of all yachts while sailing.

**Non-spinnaker..... White**

**Spinnaker..... Blue**

**1.7 Racing yachts encountering non-racing craft shall conform to the Rules of the Road. Be advised that violation of Rule 9 will be grounds for disqualification without a hearing by the Race Committee.**

### **2. CHECK-IN**

2.1 Check in and be acknowledged with the RC Boat or the shoreside RC, along side or VHF Ch. 69, while the "L" flag is hoisted (see the timing sequence schedule).

### **3. START AND FINISHING**

3.1 The Starting and Finishing Area will be near the center of Harbor Island

3.2 The Racing Area covers the general locale of North San Diego Bay.

3.3 For navigation refer to NOAA Chart #18733, San Diego Bay..

3.4 All Races will be started in accordance with the new system as stated in the 2005-2008 RRS Rules.

3.5 The Starting/Finishing Line will be between a staff with an ORANGE FLAG on the RC Boat and an orange pyramid at the pin end of the line. (Mark A) In the event that no RC Boat is on station, the RC will be on shore and will signal from shore. In this case, the start/finish line will be between an orange pyramid and a round orange buoy.

3.6 All yachts whose preparatory signal has not been made shall keep clear of the starting area and all yachts whose preparatory or start signal has been made.

3.7 An inflatable dinghy may be streaming aft of the RC Boat and is deemed part of the RC Boat. Contact with this dinghy or its tether violates RRS 31.1 and requires one 360 degree penalty turn when clear after starting (RRS 31.2).

3.8 The **Starting Times** and signals\* will be:

1154	Spinnaker	Approximately 5 short horn blasts	
1155	Spinnaker	Warning Raise Class Flag.....	Gun or horn
1156	Spinnaker	Preparatory Raise "Z" Bag .....	Horn
1159	Spinnaker	1 minute lower "Z" flag .....	Horn
1200	Spinnaker	Start Lower Class flag .....	Gun or horn
1204	Non-Spinnaker	Approximately 5 short horn blasts	
1205	Non-Spinnaker	Warning Raise Class Flag.....	Gun or horn
1206	Non-Spinnaker	Preparatory Raise "Z" Flag .....	Horn
1209	Non-Spinnaker	1 minute lower "Z" Flag .....	Horn
1210	Non-Spinnaker	Start Lower Class flag .....	Gun or horn

**\* Sound Signals” not required and horn may be used in place of gun.**

#### **4. RECALLS**

4.1 INDIVIDUAL RECALLS will be signaled in accordance with RRS 29-2, (X Flag will be raised with 1 horn blast). The RC will attempt to hail OCS starters on channel 69. The failure of a yacht to hear a hail shall not be grounds for redress. OCS (On Course Side) yachts “on the line” who fail to restart shall be given a time penalty equal to 3 minutes in lieu of a OCS-DSQ by the Race Committee.

4.2 GENERAL RECALL will be signaled in accordance with RRS 29-3, (First Flag Substitute will be raised with 2 horn blasts and lowered with 1 horn blast 1 minute before the Prep signal for restart). The recalled class will start exactly five minutes after its scheduled start. It is the intent of the RC to avoid General Recalls by using the Individual Recalls.

#### **5. COURSES:**

5.1 Course numbers will be displayed onboard the RC Boat, no later than the preparatory for each class.

5.2 Marks are to be left to port unless they are followed by “s”. When the mark is followed by “s”, leave the mark to the starboard

5.3 Course numbers are listed on the “Course Guide” attachment, and are intended as part of the “Racing Instructions.

#### **6. POSTPONEMENT:**

6.1 The “AP” Flag will be raised with 2 horn blasts signals that all races not started are postponed and will be lowered with 1 horn blast 1 minute before the warning signal is hoisted.

#### **7. TIME LIMIT**

7.1 The RC Boat will haul anchor AT 1600 HOURS (earlier if all yachts have finished), however it will stay on line any additional time equal to any postponement time, and those yachts that have not finished will be recorded as DNF. This changes Rule 35.

#### **8. DID NOT FINISH:**

8.1 Any yacht withdrawing from the race for any reason will notify the RC either by coming along side or VHF ch 69.

#### **9. ALTERNATWE PENALTY:**

9.1 The 360 Degree penalty is in effect. (This changes Rule 44.2)

#### **10. SAFETY:**

10.1 After the starting sequence is complete, the RC Vessel will make every attempt to monitor VHF channel 69.

#### **11. NOTE:**

11.1 Refer to your U.S. Rules of Racing 2005-2008 manual for all other signals and. flags, such as abandonment, course change, etc.

#### **12. PARTY TIME:**

12.1 The after race party will follow immediately after the race, poolside at PLYC/Marina Cortez.